City of Auburn's Auburn State Recreation Area Maps with Trail Safety & Etiquette Guidelines



Provided by the City of Auburn's All Trails Lead to Auburn.
Endurance Capital of the World Committee

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Iconic Mountain Quarries Railroad Bridge (No Hands Bridge) spans the North Fork of the American River just outside the Auburn city limits.

Brochure Overview

Auburn State Recreation Area is a 35,000-acre park along 40 miles of the North and Middle Forks of the American River in Northern California, easily accessible from the City of Auburn, which is located in the Sierra Nevada foothills, 30-miles northwest of Sacramento.

The City of Auburn's Endurance Capital of the World Committee created this brochure with two goals:

1) To provide the Auburn State Recreation Area (Auburn SRA) largest user groups (pedestrians, cyclists, and equestrians) trail safety and etiquette guidelines. The increasing popularity of this beautiful area increases the potential for hazardous encounters among these groups. A combination of trail etiquette education, common sense, courtesy, and respect will help to reduce this potential and insure safe trail experiences for everyone.

2) To provide an overview of the many trails the Auburn SRA has to offer. Use the websites listed in the Online Resources to access more detailed information about Trail Access Points, Points of Interest and trails, or simply place the name of a trail or point of interest in your favorite online search engine.

Visit **auburnendurancecapital.com** for more detailed etiquette and safety information and to view and download larger versions of these maps. Use the "contact us" form to provide our Committee with feedback.

YIELD

TO

Trail Safety & Etiquette Basics Who Yields to Whom?

- Yield to those passing you from behind.
- Yield to those traveling uphill.
- · Mountain bike riders yield to pedestrians and equestrians.
- Pedestrians yield to equestrians.
- Use communication, courtesy and common sense to mitigate any potential difficulties.

Common Courtesy, Common Sense

- <u>Be familiar with and abide by all Auburn SRA rules</u>; be respectful and follow instructions of rangers, volunteers, patrols. Visit: parks.ca.gov/?page_id=502
- · Use only trails designated for your user group.
- · Always be considerate of others; err on the side of caution.
- Communication
- · Let those you encounter know you are approaching.
- · Ask questions and be ready to answer questions.
- Hearing human voices has a calming effect on horses.

Vigilance

- Watch and listen for others coming toward you or from behind you.
- The use of headphones or ear buds is NOT recommended. These devices impair your ability to hear, to communicate with other trail users, reduce awareness of dangers
- On a trail officially designated for a specific user group, never assume that other user groups are not on that trail.
- Restricted line of sight areas: slow down, increase your awareness, be ready to stop.
- <u>Do not startle other users</u>: slow down before you are too close and communicate courteously your intention to pass.
- Keep noise levels down; avoid stirring up dust.
- Keep pets on a leash; Auburn SRA fines are imposed on rule breakers.
- · Keep children close by and supervised.

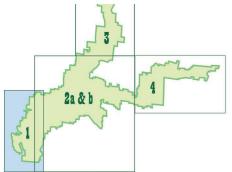
Protect and Respect your Surroundings

- No bushwacking: do not travel off of officially designated trails. Doing so encourages
 others to follow and destroys environment. When multiple trails exist, use the one that
 is the most worn.
- · Stay off closed trails
- <u>Trail Conditions & Obstacles</u>: Avoid trails that are excessively water-logged. Travel single-file in the middle of a single-track trail, even if snowy or muddy. Traveling around mud, rocks, or downed tree limbs widens trails, impacts vegetation and causes erosion.
- <u>Wildlife</u>: Do not disturb or harass wildlife and give wildlife plenty of room. Avoid trails that cross known wildlife havens during sensitive times such as nesting or mating.
- <u>Do not disturb or remove</u> animals, minerals, vegetation, historic objects, signage and/or trail markers. Removing trail markers/signage is criminal vandalism and can puts others
- NEVER LITTER: Pack out spent food wrappers, tissues, etc.
- <u>Give Back</u>: Volunteer, support, and encourage others to participate in trail maintenance days and make donations. http://www.wser.org/volunteering/

Safety

- · Know the area where you plan to travel.
- · Learn and prepare accordingly.
- Bring a map with you in unfamiliar areas.
- Inform: Let at least one other know where you are going and when you expect to return.
- Travel with a friend or group.
- Helmets and safety gear are strongly recommended for cyclists and equestrians.
- · Weather: Be prepared for the weather and plan for the worst, for the duration of your trek
- <u>Supplies</u>: Carry plenty of water, electrolyte replacement drink, and snacks appropriate for the length of your outing.
- Self-knowledge: Know and respect your limits.
- Report Back: Upon your return tell the proper authorities about conditions and activities
 that are dangerous, unsafe, suspicious, or damaged.

PLEASE NOTE: This brochure provides general information about trail safety, etiquette and Auburn SRA trails. It is not intended as a guarantee or warranty for users' safety, suitability or for the conditions of the routes or facilities described in this brochure and found within or near the Auburn city limits and the boundaries of the Auburn SRA. These routes and facilities are subject to changes which can render them unsuitable, unsafe or inaccessible at any time. Any person using the routes or facilities described in this brochure is respon- sible for determining their suitability and whether the user's skill level is appropriate for the chosen route or facility. Special Thanks: Protect the American River Canyons, Western States 100-Mile Endurance Run, Auburn Endurance Capital Committee, FATRAC, Western States Trail Foundation, City of Auburn Brochure Design & Graphics: Cynci Calvin, mapwiz.biz

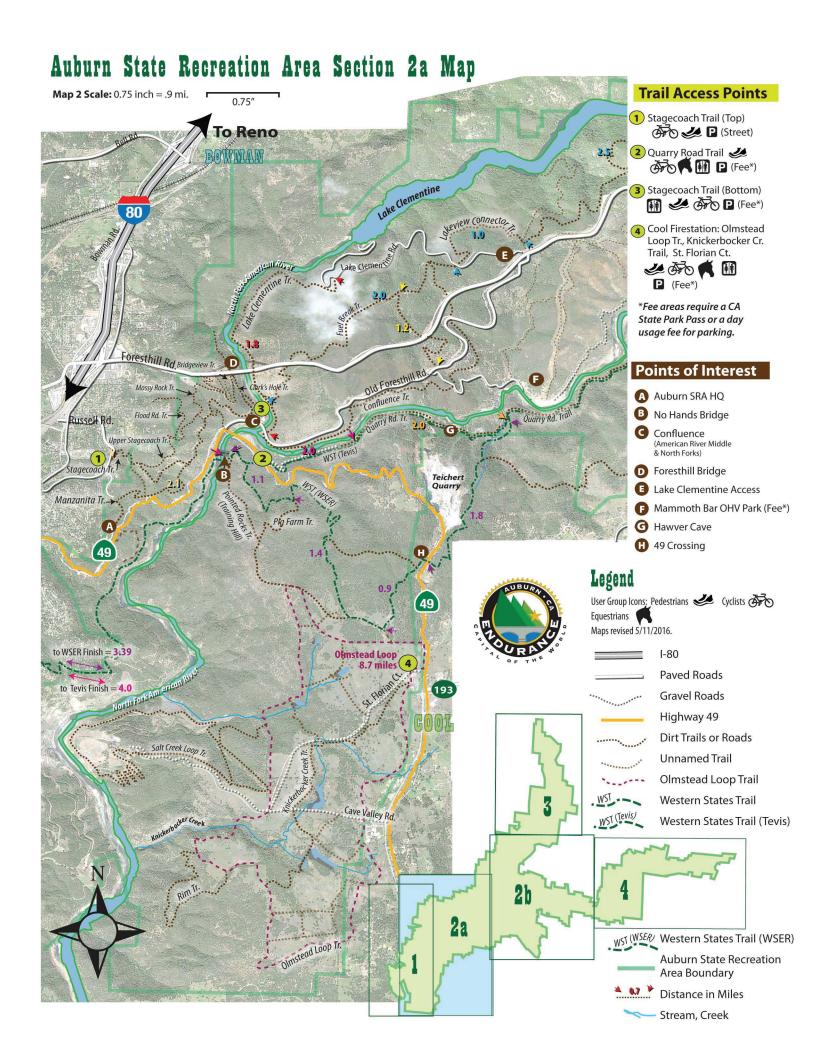


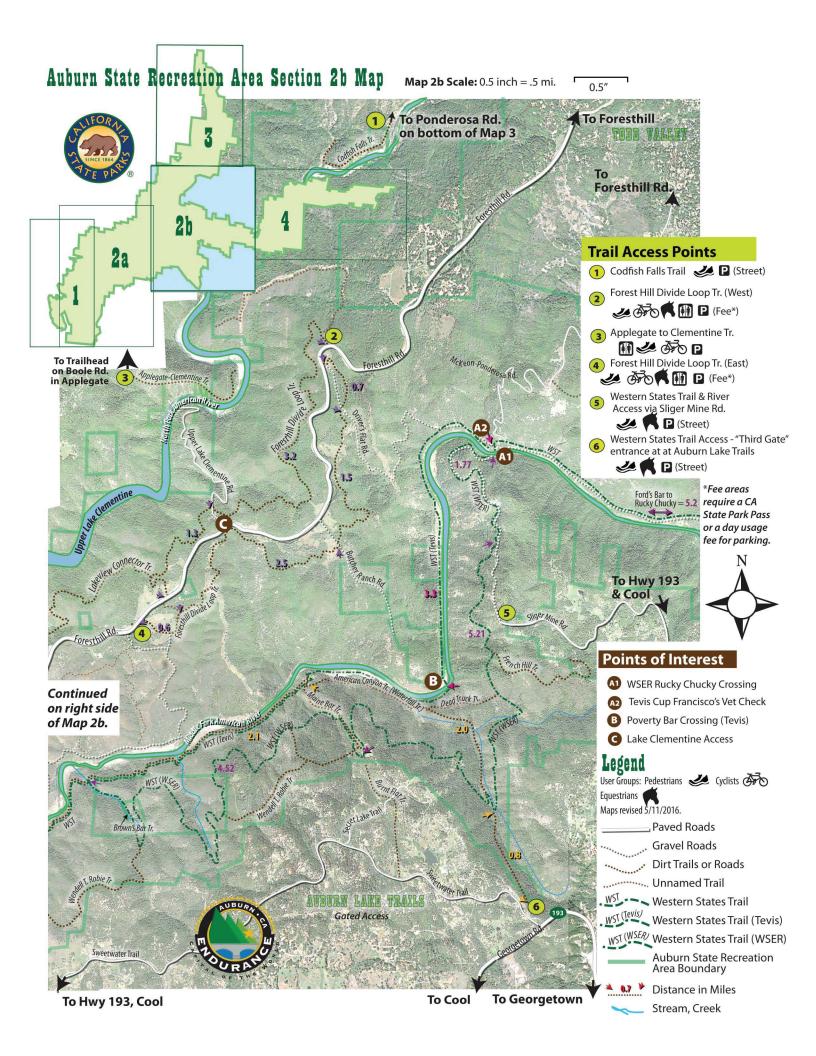
Helpful Tips for All Maps

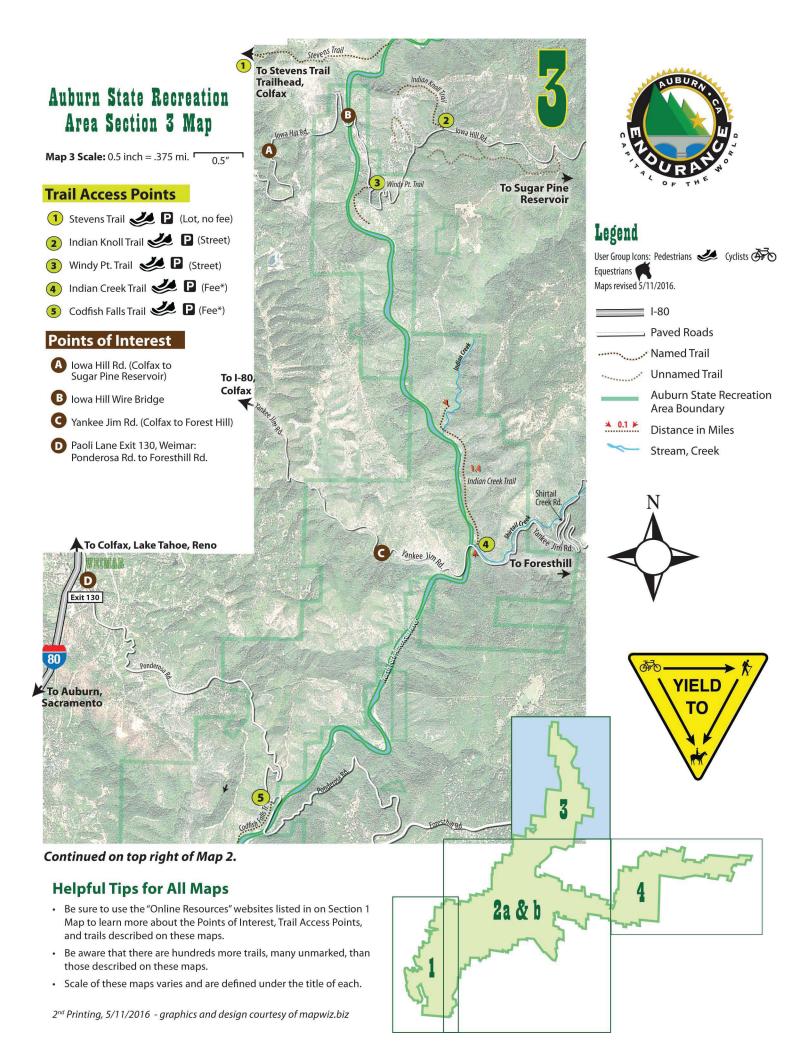
- Be sure to use the "Online Resources" websites listed in on Section 1 Map to learn more about the Points of Interest, Trail Access Points, and trails described on these maps.
- Be aware that there are hundreds more trails, many unmarked, than those described on these maps.
- Scale of these maps varies and are defined under the title of each.

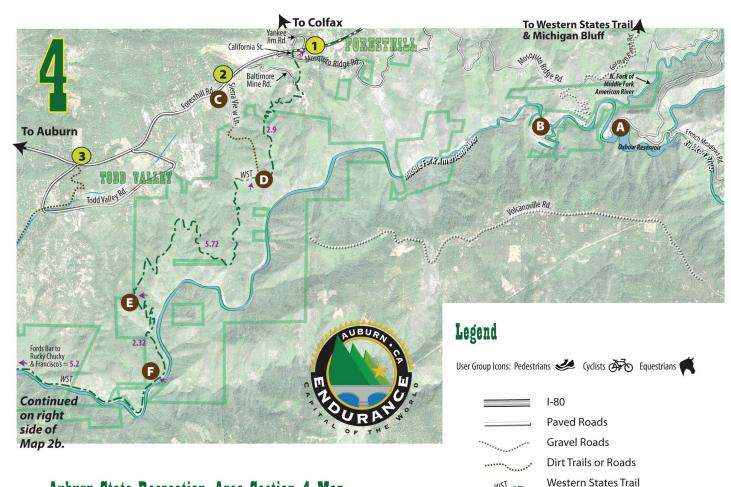


Granite Bay

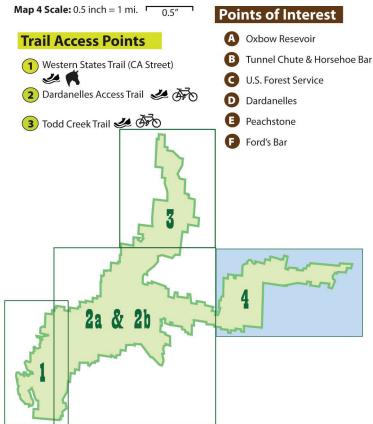








Auburn State Recreation Area Section 4 Map



Points of Interest





Auburn State Recreation

Area Boundary

Distance in Miles

Stream, Creek

Helpful Tips for All Maps

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